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Lynn T. Beshear, Commissioner  
**Alabama Department of  
Mental Health**

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**According to the National Alliance on Mental Illness nearly one in five people in the U.S. will experience depression, an anxiety disorder or another behavioral health ailment at some point in their life.**

**About one in 25 American adults, or 10 million people, live with a serious behavioral health challenge.**



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**Our greatest challenge  
is stigma.**



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# Joel Slack



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# The People We Serve

**26,858** people  
received substance use treatment in the  
community

**106,740** people  
with mental illness received treatments &  
services in the community

**5,744** people  
with intellectual disabilities in the community

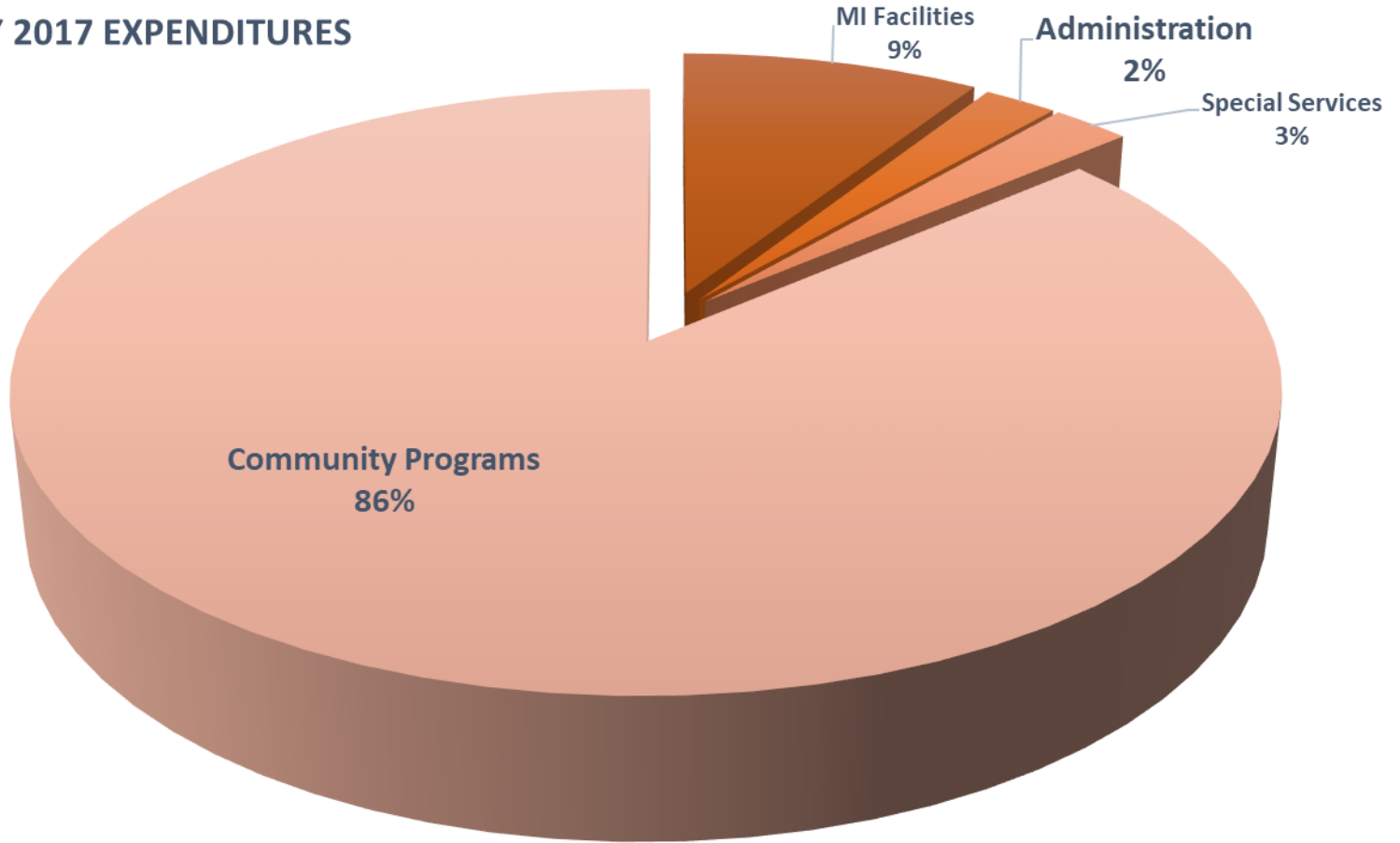
Family Support activities to **1,670** people with  
Intellectual Disabilities and their families

**916** people with mental illness received treatment  
in state facilities

**\*These services were provided with an approximate 2% departmental administrative  
cost**



# FY 2017 EXPENDITURES



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# School-Based Mental Health Services

Goal:  
Ensure children and adolescents, both general and special education, have access to high quality mental health services

- Increase services that include prevention, early intervention and treatment services to students
- Includes placing a Master's level clinician in each school setting
- Consistent with the recommendations of the Juvenile Justice Task Force by preventing entry into the juvenile justice system and the pipeline to prison

Request: \$1.5 million from the Education Trust Fund



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# ADMH Forensic Settlement

Goal:  
Comply and  
implement  
settlement  
requirements

## Requirements:

- Timely provision of court-ordered mental health evaluations and competency restoration treatment
- An increase in capacity to conduct court-ordered mental evaluations and competency restoration treatment
- Training for judicial system personnel

Request: \$7.2 million from State General Fund  
to begin adding 77 beds





Achieved by Hiring More Psychologists to perform Outpatient Evaluations

This will begin to be possible through the \$7.2 million appropriation by moving individuals from the facilities and...

Achieved by Adding 77 New Beds

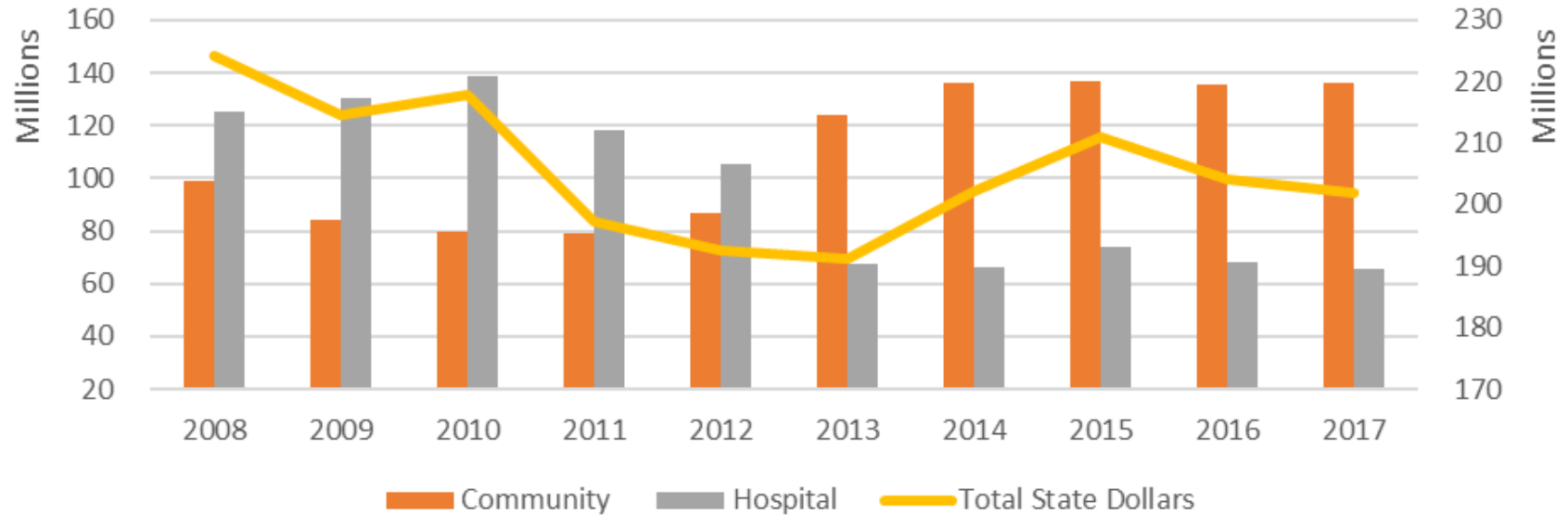
# Population Decrease in Local Jails

Moving individuals deemed "Not Guilty by Reason of Insanity" to Taylor Hardin Secure Facility

Moving individuals deemed "Incompetent to Stand Trial" to Taylor Hardin Secure Facility

Increasing the Number of forensic evaluations being performed

## 10-Year Shift in Funding from State Psychiatric Hospitals to a Community-Based Setting



*The left axis demonstrates the funding for hospitals and community providers.*

*The right axis demonstrates state funding for the mental illness division.*

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# Inflationary Increase Request

## Mental Illness

\$3.45 million from SGF

## Substance Abuse

\$344,368 from SGF

## Developmental Disabilities

\$1.75 million from ETF

Goal: Stabilize community programs by raising direct support professionals' salaries to recruit and retain qualified workers who provide the hands-on care to the most vulnerable people we serve

Request: \$5.5 million

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# Low Cost, High Impact Best

## Practices

### **Mental Health First Aid:**

A course that teaches risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help

### **Crisis Intervention Team (CIT):**

Police-based crisis intervention for assisting individuals with a mental illness through de-escalating the situation, and results in improved officer and consumer and community safety



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# Intellectual Disability Challenge

Goal:  
Implement  
the Home and  
Community-  
based  
Settings Rule  
by March  
2022

The current system of care for individuals with intellectual disabilities is not sustainable:

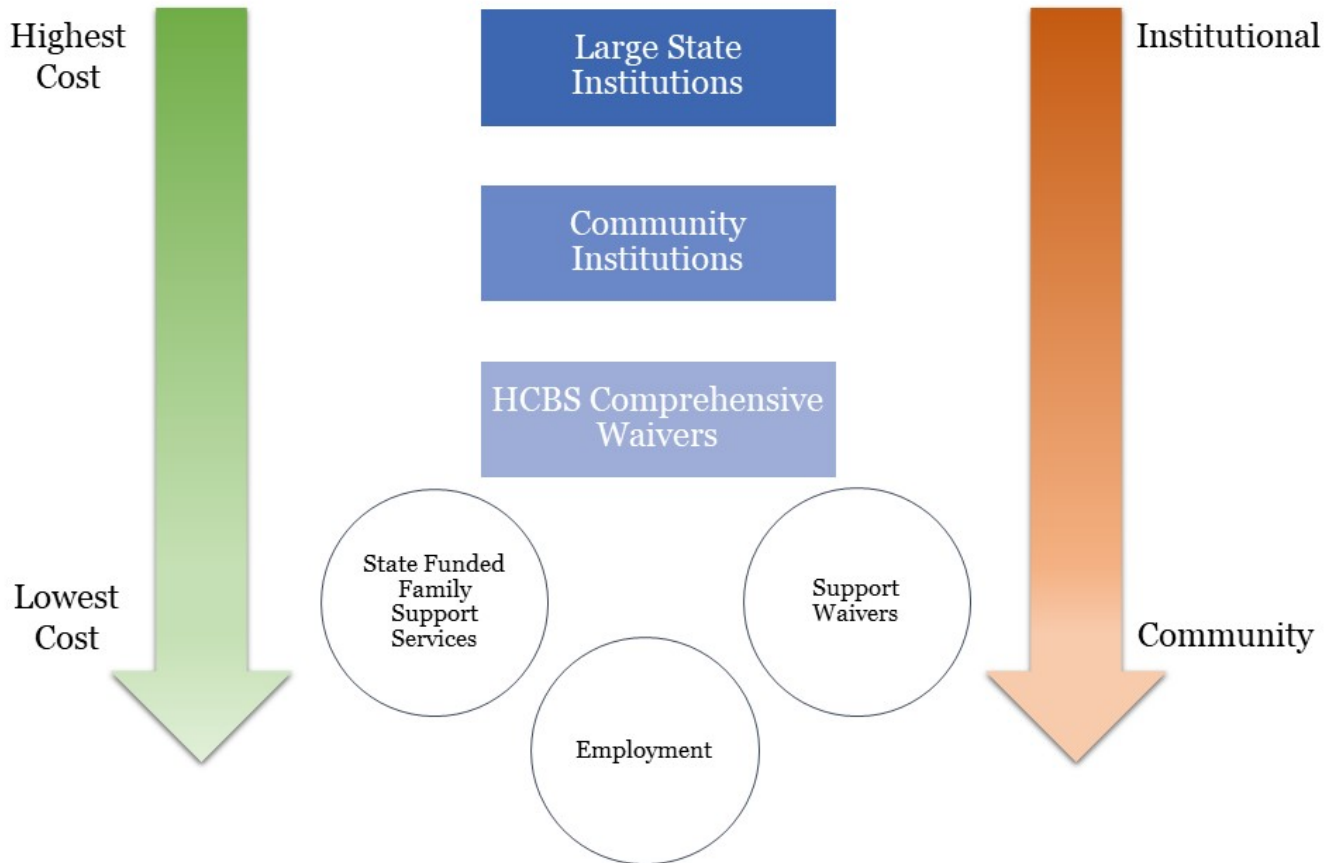
- There are not enough workers to take care of baby boomers
- Programs are not fiscally stable
- Waiting lists exist across the country including Alabama
- Increased funding reduced our waiting list by approximately 500 people

Request: Support from the Legislature



## Nudging the System

The idea is to nudge a system to be person-centered, to support families, and include people more in their **OWN** communities.



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# Home and Community-Based Settings Rule

- Developed a statewide transition plan with Medicaid
- Creating a detailed operational plan to support our providers and staff
- Establishing a stakeholder workgroup to provide feedback



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# The Opioid Crisis

- Over 42,000 Americans died from an opioid overdose in 2016
- In Alabama, the number of drug overdose deaths, including opioid deaths, climbed 82% from 2006 to 2014
- For the second straight year in the United States, opioid deaths have led to a decrease in overall life expectancy
- Prescription opioid overdose, misuse and dependence costs the United States over \$78 Billion annually





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# The Opioid Crisis

The **Action Plan** provides a four-pronged approach to addressing Alabama's opioid crisis, including:

- Interventions in prevention of opioid misuse
- Intervention within the law enforcement and justice systems
- Treatment of those with opioid use disorders
- Community responses that engage everyday Alabamians to become involved with finding solutions at a local level



Serve • Empower • Support



## Our Vision:

Promoting the health and well-being  
of Alabamians with mental illness,  
developmental disabilities and  
substance use disorders





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Serve • Empower • Support

# Questions

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